

## Abstract

# OTITS & OSTEOPATHY

**Micheline Rizk**

Saint Joseph University, Lebanon

## Abstract

In babies and children, OMA is one of the most common infections, accounting for nearly 90% of antibiotic prescriptions for children fewer than 5 years of age. The first otitis occurs mainly between the age of 6 months to 2 years. And if parents often know the symptoms and consequences of this condition, some are unaware that their best ally may well be an osteopath. So how does osteopathy help to treat ear infections? What are the advantages of using it to treat this condition? First, let's look at what is actually an ear infection. It is an inflammation of the skin (or mucous membrane) of the ear. Depending on the part of the affected ear, it is called external, medium or internal otitis. The most common affects a bone cavity of the middle ear: it is acute otitis media (OMA). It is often the result of another condition such as a cold or angina. The OMA's risk and promotion factors are: Exposure to tobacco; Genetic factor; Adenoids (increase in the volume of tonsils of the pharynx); Give the bottle in the horizontal / horizontal position; Cold and temperature changes: the cold predisposes the child and the baby to develop ear infections; Respiratory allergies.

## Biography

Doctor in Physiotherapy, Saint Joseph University - Lebanon  
Master's Osteopathy, Saint Joseph University - Lebanon  
CO Osteopathy, Saint Joseph University – Lebanon & Institute of advanced training in

osteopathy, IFSO Vichy - Clairmont – FD.