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The Predictive Value of Baseline Pulse Oximeter Perfusion Index on the Incidence of Hypotension During Balanced General Anesthesia Induction

Brian Rainier T Herradura, MD, Beverly Anne P Portugal, MD, Olivia C. Flores, MD

University of the East Ramon Magsaysay Memorial Medical Center Inc

Aurora Blvd, Quezon City, 1113, Philippines

Background: Hypotension is a common occurrence during general anesthesia induction. Perfusion Index (PI) has been used as a measure of systemic vascular resistance and was shown to predict hypotension after regional anesthesia and propofol induction. **Objective:** This study aims to determine whether baseline PI can predict hypotension during balanced general anesthesia induction and determine a cut-off value where hypotension is expected to occur.

Methods: Thirty-five ASA I/II adults who will undergo elective surgery under general anesthesia were enrolled. Heart rate, blood pressure and PI were measured every minute from baseline to 5 minutes following induction and 10 minutes after endotracheal intubation. Hypotension was defined as fall in systolic BP (SBP) by >30% from baseline and/or mean arterial pressure (MAP)

to <60 mm Hg. Severe hypotension (MAP of <55 mm Hg) was treated.

Results: Hypotension was not observed in the first 5 minutes but was present in 11.4% of subjects by the 10^{th} minute and 5.7% of subjects by the 15^{th} minute. PI showed very low (r < 0.2) to low (r = 0.2 to 0.39), negative to positive and insignificant correlation (p > 0.05) with hypotension whether using SBP or MAP criterion and whether observed at 10 or 15 minutes of anesthesia induction. The Area under the ROC curve is 0.397, 95% CI [0 .126, 0.667], p = 0.431.

Conclusion: This study lends inconclusive evidence on the utility of perfusion index to predict hypotension during balanced general anesthesia induction for this sample of patients. Interestingly, there was a positive, moderate (r=0.538, 0.501 and 0.469) and significant (p<0.05) correlation between perfusion index and SBP, Diastolic BP and MAP, respectively.

Keywords: Perfusion Index, Blood pressure, Mean arterial blood pressure, balanced general anesthesia induction, hypotension, plethysmography, intravenous anesthetics, inhalational anesthetics

Brian Rainier T. Herradura, MD finished his Bachelor of Science degree in Chemistry from the University of Santo Tomas in 2004 and Doctor of Medicine from the University of the East Ramon Magsaysay Memorial Medical Center (UERMMMC) in 2015. He currently serves as the chief resident of the UERMMMC Department of Anesthesiology and Pain Medicine residency training program. He was a recent finalist in the research paper oral presentation of the Philippine Society of Anesthesiologists and the International Symposium for Ultrasound Regional Anesthesia Biennial Congress last November 2019.

Perfusion index (PI) is a relatively new parameter estimating the pulsatility of blood in the extremities, calculated using infrared spectrum as part of plethysmography waveform processing. It is a simple, cost-effective and non-invasive method of assessing peripheral perfusion determined by the percentage of pulsatile to non-pulsatile blood flow in the extremities. PI indicates the status of the microcirculation which is densely innervated by sympathetic nerves, and therefore, is affected by multiple factors responsible for vasoconstriction or vasodilatation of the microvasculature.[1] It is also purported to be an indicator of systemic vascular resistance (SVR).